



## Opti Ova<sup>®</sup> Female Wellness Kit\*

- Provides comprehensive nutritional support for diverse factors supporting reproductive health\*
- Helps with antioxidant support to maintain healthy mitochondrial function, supporting healthy oocyte quality and function\*
- Consists of the most bioavailable forms of nutrients, including pyridoxal 5'-phosphate, *d*-alpha tocopheryl, vitamin D3, methylcobalamin, and (6S)-5-methyltetrahydrofolic acid
- Maintains healthy blood flow, supplies nutrients, supports removal of the body's natural toxins, organizes the body's response to cellular damage, and supports healthy fertility\*

Code: 9810 Size: 60 Packets



### PRODUCT SUMMARY

Opti Ova is a comprehensive female reproductive support kit that consists of a combination of key antioxidants, omega-3 fatty acids, vitamins, and minerals shown to help maintain healthy egg quality and support healthy fertility.\* By optimizing mitochondrial function, organizing the body's response to normal cellular damage, supporting healthy blood flow, and detoxifying the body's natural toxins, Opti Ova provides a broad base of nutritional support for reproductive health.\*

Mitochondrial activity is a key factor in oocyte function and quality.<sup>1,2</sup> Key nutrients, including PQQ, resveratrol, and CoQ10, have been shown to induce mitochondrial biogenesis and support ovarian health.\*<sup>4,5</sup>

N-acetylcysteine provides the limiting factor for glutathione production, essential for detoxifying the body's natural toxins,<sup>6</sup> helping to support healthy fertility in certain populations.\*<sup>7</sup> Both L-carnitine and magnesium assist in clearing cellular debris, helping to maintain reproductive health.<sup>8,9</sup>

Opti Ova includes vitamins D and E, omega-3 fatty acids, key minerals, antioxidants, and bioavailable B vitamins, which support optimal endometrial health and fertility.\*<sup>10-13</sup> Vitamin D has been shown to support healthy pregnancy.\*<sup>14-16</sup>



**L-Carnitine**

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
L-Carnitine (Tartrate)	500 mg	**

\*\* Daily Value not established.

Other ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), silica, microcrystalline cellulose, magnesium stearate (vegetable grade).

**Resveratrol with Grape Seed Extract**

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Japanese Knotweed Extract ( <i>Polygonum cuspidatum</i> ) (root)	200 mg	**
Trans-Resveratrol (18%)	36 mg	**
Grape Seed Extract ( <i>Vitis vinifera</i> ) (seed)	25 mg	**
Oligomeric Proanthocyanidins (80%)	20 mg	**

\*\* Daily Value not established.

Other ingredients: Microcrystalline cellulose, gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade), silica.

**Vitamin E 268 mg with Selenium**

Supplement Facts		
Serving Size 1 Tablet		
	Amount Per Serving	% Daily Value
Vitamin E (d-Alpha Tocopheryl Acid Succinate)	268 mg	1,787%
Selenium (Yeast)	100 mcg	182%
Vitamin C (Ascorbic Acid)	100 mg	111%
Calcium (Dicalcium Phosphate)	95 mg	7%
Manganese (Gluconate)	10 mg	435%

Other ingredients: Microcrystalline cellulose, silica, croscarmellose sodium, magnesium stearate (vegetable grade), coating (carbohydrate gum [cellulose], glycerin).

**Magnesium Bisglycinate**

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Magnesium (Bisglycinate)	200 mg	48%

Other ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, magnesium stearate (vegetable grade), silica.

**PQQ-10®**

Supplement Facts		
Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	<1%†
Vitamin E (Natural d-Alpha Tocopherol) (Natural- <i>e</i> -) (from non-GMO sunflower oil)	3.35 mg	22%
Coenzyme Q10 (Microorganism)	200 mg	**
PQQ (BioPQQ®) Pyrroloquinoline Quinone Disodium Salt	20 mg	**
Providing Pyrroloquinoline Quinone	17.65 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

Other ingredients: Organic flaxseed oil, softgel (gelatin, glycerin, purified water, carb), yellow beeswax, non-GMO sunflower lecithin.

**OptiMega-3® with Vitamin D3**

Supplement Facts		
Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value
Calories	15	
Total Fat	1.5 g	2%‡
Polyunsaturated Fat	1 g	**
Cholesterol	5 mg	2%
Vitamin D3 (as Cholecalciferol) (lanolin)	25 mcg (1000 IU)	125%
Fish Oil Concentrate (Molecularly Distilled, Ultra Purified) (anchovy, sardine, and/or mackerel)	1425 mg	**
Omega-3 Fatty Acids	900 mg	**
Eicosapentaenoic Acid (EPA)†	600 mg	**
Docosahexaenoic Acid (DHA)†	300 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.  
† Ethyl ester form.  
\*\* Daily Value not established.

Other ingredients: Enteripure® softgel (gelatin, glycerin, purified water, pectin), natural vitamin E.  
Contains fish.

**N-Acetyl-L-Cysteine and Alpha-Lipoic Acid**

Supplement Facts		
Serving Size 1 Tablet		
	Amount Per Serving	% Daily Value
Calcium (Dicalcium Phosphate)	90 mg	7%
N-Acetyl-L-Cysteine	250 mg	**
Alpha-Lipoic Acid	300 mg	**

\*\* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate (vegetable grade), coating (carbohydrate gum [cellulose], glycerin), silicon dioxide, croscarmellose sodium.

**B Complex-Pro**

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Thiamin (Hydrochloride, Benfotiamine)	30 mg	2,500%
Riboflavin (Riboflavin 5'-Phosphate Sodium)	10 mg	769%
Niacin (Inositol Hexanicotinate)	100 mg	625%
Vitamin B6 (Pyridoxal 5'-Phosphate)	25 mg	1,471%
Folate (from (6S)-5-Methyltetrahydrofolic Acid (MTHF), Glucosamine Salt, Quatrefolic®)	680 mcg DFE	170%
Vitamin B12 (Methylcobalamin)	500 mcg	20,833%
Biotin	250 mcg	833%
Pantothenic Acid (Calcium d-Pantothenate)	100 mg	2,000%
Choline (Citrate)	50 mg	9%
Inositol	25 mg	**
Benfotiamine	10 mg	**

\*\* Daily Value not established.

Other ingredients: Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, magnesium stearate (vegetable grade), silica, organic kale, organic alfalfa, organic cilantro leaf, organic parsley, caperberry, sprouted garlic, organic artichoke, organic black radish, organic dandelion, barley grass, pepper, organic celery seed, organic beetroot, organic tomato, wasabi rhizome, fresh freeze-dried sprouted broccoli, organic upland cress, daikon, red radish, organic cauliflower, organic cabbage, organic arugula, organic watercress leaf, grape, pomegranate, strawberry, organic blueberry, raspberry, bilberry, organic indian gooseberry, schizandra berry, red orange, organic acai berry, Theracurmin® curcumin, organic decaffeinated green tea extract, organic ginger rhizome, organic echinacea, organic oregano, organic peppermint, organic spearmint, organic spirulina, organic chlorella, red algae, blue green algae, kelp.

**Serving Size:** 1 Packet

**Servings Per Container:** 60

**Suggested Usage:** 1 packet per day or as directed by a health care professional.

**Each Packet Contains One of Each of the Following Supplements:** L-Carnitine; Resveratrol with Grape Seed Extract; Vitamin E 268 mg with Selenium; Magnesium Bisglycinate; PQQ-10®; OptiMega-3® with Vitamin D3; N-Acetyl-L-Cysteine and Alpha-Lipoic Acid; B Complex-Pro.

**Caution:** Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Keep out of reach of children.

**Contains no artificial colors, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, soy, egg, shellfish, tree nuts, or GMOs.** Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.



· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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