



Code: 9252
Size: 306 g Powder

L-Glutamine with Theracurmin®

Muscle Repair*

- Includes 5 g of L-glutamine and 30 mg of Theracurmin per serving
- Supports healthy muscle recovery through multiple pathways following exercise*
- Supports healthy digestion and normal immunity*
- Theracurmin has higher bioavailability and more rapid absorption in humans, compared to standard curcumin^{1,2}
- Powder formulation allows for flexible and convenient servings
- Suitable for vegetarians/vegans

PRODUCT SUMMARY

L-Glutamine with Theracurmin includes two complementary nutrients to support intestinal and musculoskeletal health, especially in response to exercise.* L-glutamine is the most plentiful amino acid in the body, a Krebs-cycle intermediary of particular importance to intestinal and immune cells, and one known to be impacted by strenuous physical activity.³ L-glutamine supplementation may help maintain normal post-exercise intestinal permeability by supporting tight junction stability, and maintaining normal cytokine production, notably of NF-κB.*⁴ L-glutamine also helps maintain healthy protein synthesis pathways while supporting normal protein breakdown, and may also support healthy and comfortable muscle recovery following exercise.*⁵⁻⁷

Curcumin may help support normal function of multiple molecular targets, including NF-κB, as well as cyclooxygenases and lipoxygenases.* It also helps maintain intestinal integrity by supporting normal tight junction protein expression.*⁸⁻¹⁰ Curcumin supplementation may help support healthy muscle recovery following exercise, maintain post-exercise muscle comfort, and support normal muscle performance.*¹¹ Theracurmin specifically has been shown to support healthy creatine kinase levels and normal muscle protein breakdown, supporting joint comfort following eccentric exercise.*^{12,13} L-glutamine and Theracurmin both support multiple mechanisms associated with normal muscle use, repair, and function.*¹⁴



Supplement Facts

Serving Size 1 Scoop (5.2 g)
Servings Per Container Approx. 60

	Amount Per Serving	% Daily Value
Micronized L-Glutamine	5 g	**
Theracurmin® Curcumin† (<i>Curcuma longa</i>) (root)	30 mg	**

† A highly bioavailable form of curcumin – the most active curcuminoid in turmeric

** Daily Value not established.

Serving Size: 5.2 g

Servings Per Container: 60

Suggested Usage: 1 scoop (5.2 g) per day or as directed by a health care professional. Mix product well in 8–16 fl oz of liquid (water, juice, etc.) immediately before consumption.

Note: The product is a brilliant yellow color due to the turmeric.

Caution: Consult your health care professional prior to use if you are pregnant, trying to become pregnant, breastfeeding, taking medication, have a medical condition, or anticipate surgery. Keep out of reach of children.

Drug Interactions: Caution is advised when taking with anticoagulant medications.* Curcumin should only be used under medical supervision by those receiving chemotherapy. Monitoring of anti-glycemic medication use is recommended.*¹⁵

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References

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Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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