

Sereni-Pro™

Adrenal Support

Herbal Adaptogen Formula

Product Summary

Ashwagandha (*Withania somnifera*), Siberian ginseng (*Eleutherococcus senticosus*), Lavender (*Lavandula angustifolia*), and Rhodiola (*Rhodiola rosea*) are herbs known for their adaptogenic and calming properties, and that mediate the effects of stress and fatigue. Adaptogens induce stress-protective benefits, mediated through regulation of homeostasis via several mechanisms of action associated with the hypothalamic-pituitary-adrenal axis.^{1,2} Ashwagandha has been found to limit the production of dopamine and other hormones in response to stress, and acts as a GABA receptor agonist, all which have the effect of reducing the overall stress response.^{3,4,5} Siberian ginseng root contains eleutherosides known to have anti-fatigue and anti-stress effects, as well as immunomodulatory effects, and has been shown clinically to have therapeutic efficacy for chronic fatigue, stress, and improve athletic performance.^{6,7} Lavender oil is thought to act on both the central and sympathetic nervous system, and clinically has been shown to have a calming and relaxing effect, promoting an improved sense of wellbeing.^{8,9} Rhodiola rosea has been clinically shown to improve attention, cognitive function and mental performance, decrease the cortisol response to stress, and to exert an anti-fatigue affect.^{10,11,12}

Unique Features

- Anti-stress and antioxidant adaptogens restore and revitalize the body's glands and organs under isolated and chronic stress conditions
- Herbal formula that contains no glandular extracts
- Provides broad-spectrum help for a variety of stress-related disorders
- Safe, non-addictive, and may be used long term
- Suitable for vegetarians/vegans

Sereni-Pro™

Adrenal Support

90 Vegetarian Capsules

Code: 9280

NPN 80035852



Actual size: 21.30 mm X 7.46 mm

Feature: Easy to swallow vegetarian capsule

Supplement Facts

Serving Size: : 2 Vegetarian Capsules

Servings per Container: 45

Each Capsule Contains:

Sensoril® Ashwagandha Extract (<i>Withania somnifera</i>) (root, leaf) (Standardized to 8% withanolides)	125 mg
Siberian Ginseng Extract (<i>Eleutherococcus senticosus</i>) (root) (Standardized to 0.8% eleutherosides)	75 mg
Lavender 5:1 Extract (<i>Lavandula angustifolia</i>) (aerial)	75 mg
Rhodiola Extract (<i>Rhodiola rosea</i>) (root) (Standardized to 3.5% rosavins, 1% salidroside)	37.5 mg

Non-medicinal Ingredients: Rice starch, vegetarian capsule (carbohydrate gum [cellulose], purified water), vegetable grade magnesium stearate (lubricant).

Contains no artificial colours, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Recommended Adult Dose: 1–2 capsules 2 times per day or as directed by a health care practitioner. Not to be taken immediately before bedtime. Consult a health care practitioner for use beyond 1 month.

Recommended Use: Sereni-Pro is an adaptogenic herbal formula that helps strengthen adrenal and nerve function for a renewed sense of clarity and energy. Provides relief from occasional nervous tension caused by everyday stress. Supports healthy immune function and may help to reduce stress hormones. Elevated stress hormones may be associated with overall health decline.

Contraindication: Consult a health care practitioner prior to use if you have any type of acute infection or if you are pregnant or breastfeeding. Consult a health care practitioner if symptoms persist or worsen. Consumption with alcohol, other drugs or natural health products with sedative properties is not recommended. Do not use if you have high blood pressure. Keep out of reach of children.

Drug Interactions: Theoretically, the herbs present in Sereni-Pro may have additive effects when used with sedative medications, such as benzodiazepines or CNS depressants, and should be used with caution when taken concomitantly. Consumption with alcohol, other drugs or natural health products with sedative properties is not recommended.

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Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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 Burnaby, BC V3N 4T6
www.bioclinicnaturals.com
 1-844-384-7502

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customer service 1-844-384-7502 · **fax** 1-844-384-7503 · **email** customer@assurednatural.com